

Seventh Edition

# **Medical Terminology**

A LIVING LANGUAGE

FIROMOSOME

frontal lobe

-ARCHE AXON

ECLAMPSIA NEURON

AMINI/OCHEPATIC

SINUS: lapar/o

achial plexus: BRAIN

anchial tube cartilage

PISPANIAS Ocochlea

RANIAL Cepidermis

NTRAL NEVOUS ASTEM

ESTAPEDECTOMY

CERVICAL

verteorae

hematology

lymph nodes

Seventh Edition

# Medical Terminology

# A LIVING LANGUAGE

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Text Font: Meridien Com 11/13

### **DEDICATION**

To my husband for his love and encouragement.

Bonnie Fremgen

To my granddaughter, Adrienne, who every day brings a smile to my face.

To Danielle Doller, whose incredible editing skills (and friendship) have made each edition of this text better.

I would like to extend a special thank you to Garnet Tomich who added to her normal workload by taking on the immense task of double-checking the pronunciations of every term in this edition and updating them as needed to ensure consistency.

Suzanne Frucht

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#### Library of Congress Cataloging-in-Publication Data

Names: Fremgen, Bonnie F., author. | Frucht, Suzanne S., author.

Title: Medical terminology : a living language / Bonnie F. Fremgen, Suzanne

S. Frucht.

Description: Seventh edition. | Hoboken, New Jersey : Pearson Education,

2017. | Includes bibliographical references and index.

Identifiers: LCCN 2017041703 | ISBN 9780134701202 | ISBN 0134701208

Subjects: | MESH: Medicine | Terminology

Classification: LCC R123 | NLM W 15 | DDC 610.1/4--dc23 LC record available at https://lccn.loc.gov/2017041703



ISBN-10: 0-13-470120-8 ISBN-13: 978-013-470120-2

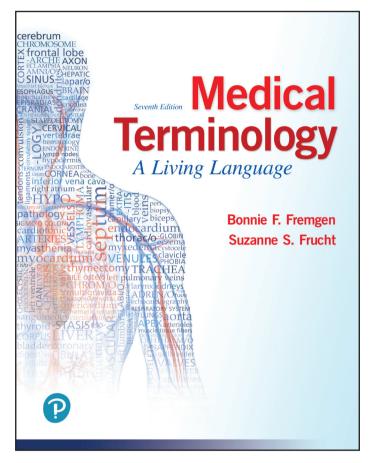
## Welcome!

Welcome to the fascinating study of Medical Terminology: A Living Language—a vital part of your preparation for a career as a health professional. We are glad that you have joined us. Throughout your career, in a variety of settings, you will use medical terminology to communicate with coworkers and patients. Employing a carefully constructed learning system, *Medical Terminology: A Living Language* has helped thousands of readers gain a successful grasp of Medical Terminology: A Living Language within a real-world context.

In developing this book we had seven goals in mind:

- To provide you with a clear introduction to the basic rules of using word parts to form medical terms.
- 2. To use phonetic pronunciations that will help you easily pronounce terms by spelling out the word part according to the way it sounds.
- 3. To help you understand medical terminology within the context of the human body systems. Realizing that this book is designed for a terminology course and not an anatomy and physiology course, we have aimed to stick to only the basics.
- 4. To help you develop a full range of Latin and Greek word parts used to build medical terms so that you will be able to interpret unfamiliar terms you encounter in the future.
- 5. To help you visualize Medical Terminology: A Living Language with an abundance of real-life photographs and accurate illustrations.
- 6. To provide you with a wealth of practice applications throughout and at the end of each chapter to help you review and master the content as you go along.
- 7. To create rich multimedia practice opportunities for you by way of MyLab Medical Terminology.

Please turn the page to get a visual glimpse of what makes this book an ideal guide to your exploration of medical terminology.



# A Guide to What Makes This Book Special

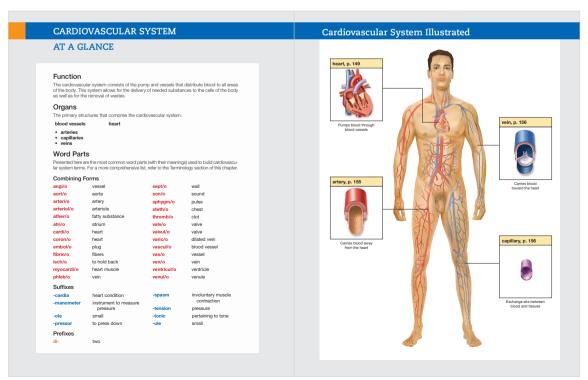
#### **Streamlined Content**

Thirteen chapters and only the most essential anatomy and physiology coverage make this book a perfect midsized fit for a one-term course.



### **Chapter-Opening Page Spreads**

"At a Glance" and "Illustrated" pages begin each chapter, providing a quick, visual snapshot of what's covered.



#### **Anatomy & Physiology**

Prior to being introduced to terms associated with an organ system, the anatomy and physiology of that body system is described in concise and easy to understand language. Information coverage begins with the overall function and the organs that comprise the system. Then each organ is addressed with its structure and how it contributes to the function of that system. Having a grasp of this basic level of information before being introduced to terms associated with each system makes it easier for students to understand the pathologic, diagnostic, and therapeutic terms.

#### **Key Terms**

Every subsection starts with a list of key terms that will be covered in that section. This sets the stage for comprehension and mastery.

#### **EXPANDED!** Pronunciations

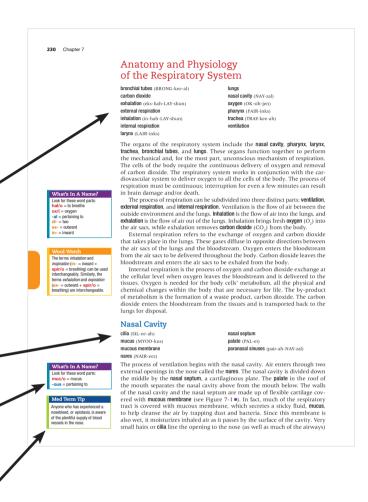
Every chapter includes sound-it-out pronunciations to help students say medical terms accurately.

#### **Color-Coded Word Parts**

Red combining forms, blue suffixes, and gold prefixes allow for quick recognition throughout the book.

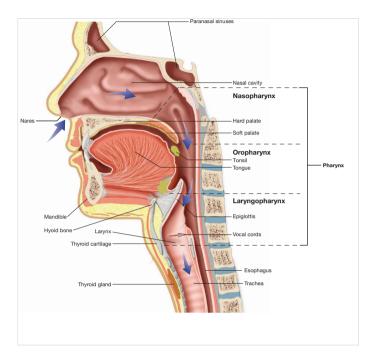
### Informative and Interesting Sidebars

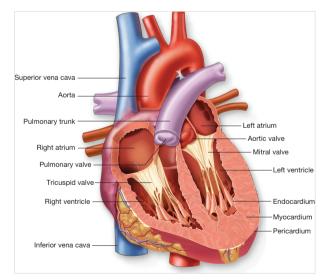
- The popular **Med Term Tip** feature offers tidbits of noteworthy information about medical terms that engage learners.
- Word Watch points out words that have a similar sound or similar spelling, and also alerts students about abbreviations that have more than one meaning.
- What's In A Name? reinforces the breakdown of terms into word parts.

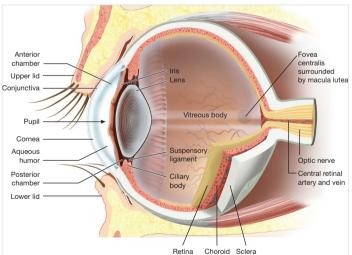


### **Medically Accurate Illustrations**

Concepts come to life with vibrant, clear, and scientifically precise images.







#### **Terminology Tables**

Terms are categorized and presented in a clear, logical, color-coded format that eases the learning process. The major categories include Pathology, Adjective Forms, Diagnostic Procedures, Therapeutic Procedures, Pharmacology, and Abbreviations. Each major category table is further subdivided into smaller subsections of related terms, thereby making learning easier. Also, the three-column format of the tables allows for the term (with pronunciation and/or abbreviation), word parts (if appropriate), and definitions to be displayed. The Pharmacology table also includes drug name examples in a fourth column.

#### Terminology

#### Word Parts Used to Build Eye Terms

The following lists contain the combining forms, suffixes, and prefixes used to build terms in the remaining sections of

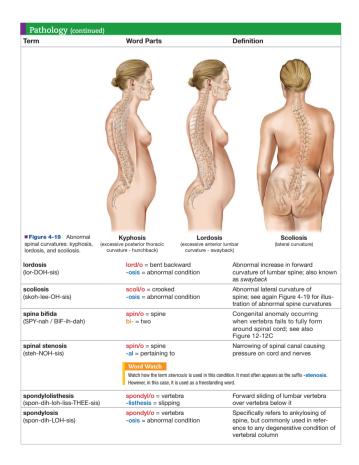
Combining	Forms					
aden/o	gland	emmetr/o	correct, proper	П	opt/o	eye, vision
ambly/o	dull, dim	esthesi/o	sensation, feeling		optic/o	eye, vision
angi/o	vessel	glauc/o	gray		papill/o	optic disk
bi/o	life	ir/o	iris		phac/o	lens
blast/o	immature	irid/o	iris		phot/o	light
blephar/o	eyelid	kerat/o	cornea		pneum/o	air
chromat/o	color	lacrim/o	tears		presby/o	old age
conjunctiv/o	conjunctiva	macul/o	macula lutea		pupill/o	pupil
corne/o	cornea	mi/o	lessening		retin/o	retina
cry/o	cold	myc/o	fungus		scler/o	sclera
cycl/o	ciliary body	mydr/i	widening		stigmat/o	point
cyst/o	sac	nyctal/o	night		ton/o	tone
dacry/o	tears	ocul/o	eye		uve/o	choroid
dipl/o	double	ophthalm/o	eye		xer/o	dry

Suffixes					
-al	pertaining to	-logy	study of	-pexy	surgical fixation
-algia	pain	-malacia	abnormal softening	-phobia	fear
-ar	pertaining to	-meter	instrument to measure	-plasty	surgical repair
-ary	pertaining to	-metrist	specialist in measuring	-plegia	paralysis
-atic	pertaining to	-metry	process of	-ptosis	drooping
-ectomy	surgical removal		measuring	-rrhagia	abnormal flow
-edema	swelling	-oma	tumor; mass		condition
-graphy	process of recording	-opia	vision condition	-scope	instrument for viewing
-ia	condition	-opsia	vision condition	-scopy	process of visually
-ic	pertaining to	-osis	abnormal condition		examining
-ician	specialist	-otomy	cutting into	-tic	pertaining to
-ism	state of	-pathy	disease	-tropia	turned condition
-itis	inflammation				

Prefixes						
a-	without	exo-	outward	intra-	within	
an-	without	extra-	outside of	micro-	small	
anti-	against	hemi-	half	mono-	one	
de-	without	hyper-	excessive	myo-	to shut	
000-	inward					

Vocabulary			
Term	Word Parts	Definition	
cumulative action		Action that occurs in body when or stay in body	drug is allowed to accumulate
prophylaxis (proh-fih-LAK-sis)	pro- = before -phylaxis = protection	Prevention of disease; for examp prevent occurrence of bacterial in	
Drugs			
Classification	Word Parts	Action	Examples
antibiotic (an-tih-bye-AW-tik)	anti- = against bi/o = life -tic = pertaining to	Kills bacteria causing respiratory infections	ampicillin; amoxicillin, Amoxil; ciprofloxacin, Cipro
	Med Term Tip There are three accepted "an-tye."	pronunciations for the prefix anti-, "an-tih," "an	-tee," and
antihistamine (an-tih-HIST-ah-meen)	anti- = against	Blocks effects of histamine released by body during allergy attack	fexofenadine, Allegra; loratadine, Claritin; diphenhydramine, Benadryl
antitussive (an-tih-TUSS-iv)	anti- = without tuss/o = cough	Relieves urge to cough	hydrocodon, Hycodan; dextromethorphan, Vicks Formula 44
bronchodilator (BRONG-koh-dye-lay-ter)	bronch/o = bronchus	Relaxes muscle spasms in bronchial tubes; used to treat asthma	albuterol, Proventil, Ventolir salmeterol, Serevent
corticosteroids (kor-tih-koh-STAIR-oydz)	cortic/o = outer layer, cortex	Reduces inflammation and swelling in respiratory tract	fluticasone, Flonase; mometasone, Nasonex; triamcinolone, Azmacort
decongestant (dee-kon-JES-tant)	de- = without	Reduces stuffiness and congestion throughout respiratory system	oxymetazoline, Afrin, Dristar Sinex; pseudoephedrine, Drixoral, Sudafed

#	number	ii	two
BCC	basal cell carcinoma	iii	three
bid	two times a day	MM	malignant melanoma
BX, bx	biopsy	oint	ointment
C&S	culture and sensitivity	qid	four times a day
decub	decubitus ulcer	SCC	squamous cell carcinoma
Derm, derm	dermatology	SG	skin graft
FS	frozen section	SLE	systemic lupus erythematosus
I&D	incision and drainage	STSG	split-thickness skin graft
i	one	Subc, Subq	subcutaneous
ID	intradermal	tid	three times a day
Word Watch		UV	ultraviolet
	ising the abbreviation ID meaning intradermal	x	times



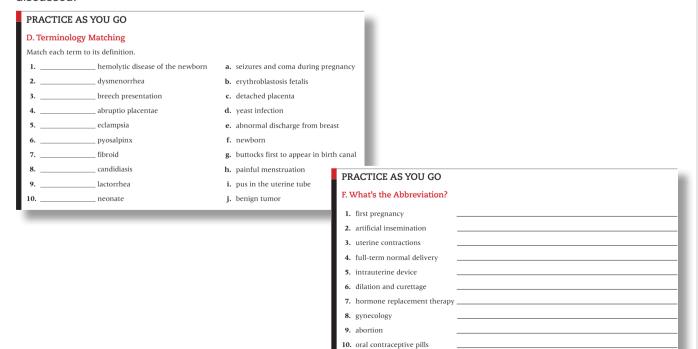
Term	Word Parts	Definition
Medical Procedures		
autologous transfusion (aw-TALL-oh-gus / trans-FYOO-zhun)	auto- = self	Procedure for collecting and storing patient's own blood several weeks prior to actual need; can then be used to replace blood lost during surgical procedure
blood transfusion (trans-FYOO-zhun)	trans- = across fus/o = pouring -ion = action	Artificial transfer of blood into bloodstream  Med Term Tip  Before a patient receives a blood translasion, the laboratory performs a type and cross-match. This test first double-checks the blood type of both the donn's an recipient's blood. Then a cross-match is performed. This process mikes together small samples of both bloods and observes the mixture for adverse reactions.
bone marrow transplant (BMT)		Patient receives red bone marrow from donor after patient's own bone marrow has been destroyed by radiation or chemotherapy
homologous transfusion (hoh-MALL-oh-gus / trans-FYOO-zhun)	homo- = same	Replacement of blood by transfusion of blood received from another person
packed red cells		Transfusion in which most of plasma, leukocytes, and platelets have been removed, leaving only erythrocytes
<b>plasmapheresis</b> (plaz-mah-fah-REE-sis)	-apheresis = removal, carry away	Method of removing plasma from body without depleting formed elements; whole blood is removed and cells and plasma are separated; cells are returned to patient along with donor plasma transfusion
whole blood		Transfusion of a mixture of both plasma and formed element

Term	Word Parts	Definition
Pap (Papanicolaou) smear (pap-ah-NIK-oh-lao)		Test for early detection of cancer of the cervix named after developer of test, George Papani- colaou, a Greek physician; a scraping of cells is removed from the cervix for examination under microscope
pregnancy test (PREG-nan-see)		Chemical test that can determine pregnancy during first few weeks; can be performed in physician's office or with home-testing kit
vaginal smear wet mount (VAJ-in-al)	vagin/o = vagina -al = pertaining to	Microscopic examination of cells obtained by swabbing vaginal wall; used to diagnose candidiasis
Diagnostic Imaging		
hysterosalpingography (HSG) (hiss-ter-oh-sal-pin-GOG-rah- fee)	hyster/o = uterus salping/o = uterine tube -graphy = process of recording	Taking of X-ray after injecting radiopaque material into uterus and uterine tubes
mammogram (MAM-oh-gram)	mamm/o = breast -gram = record	X-ray record of the breast
mammography (mam-OG-rah-fee)	mamm/o = breast -graphy = process of recording	X-ray to diagnose breast disease, especially breast cancer
pelvic ultrasonography (PEL-vik / ul-trah-son-OG- rah-fee)	pelv/o = pelvis -ic = pertaining to ultra- = beyond son/o = sound -graphy = process of recording	Use of high-frequency sound waves to produce image or photograph of an organ, such as uterus, ovaries, or fetus

Term	Word Parts	Definition
conjunctival (kon-junk-TYE-val)	conjunctiv/o = conjunctiva -al = pertaining to	Pertaining to conjunctiva
corneal (KOR-nee-al)	corne/o = cornea -al = pertaining to  Word Watch Be careful using the combining forms core/o meaning cornea.	Pertaining to comea
extraocular (eks-trah-OK-yoo-lar)	extra- = outside of ocul/o = eye -ar = pertaining to	Pertaining to being outside the eyeball; for example, the extra- ocular eye muscles
intraocular (in-trah-OK-yoo-lar)	intra- = within ocul/o = eye -ar = pertaining to	Pertaining to within eye
iridal (IR-id-al)	irid/o = iris -al = pertaining to	Pertaining to iris
lacrimal (LAK-rim-al)	lacrim/o = tears -al = pertaining to	Pertaining to tears
macular (MAK-yoo-lar)	macul/o = macula lutea -ar = pertaining to	Pertaining to macula lutea
ocular (OK-yoo-lar)	ocul/o = eye -ar = pertaining to	Pertaining to eye
ophthalmic (off-THAL-mik)	ophthalm/o = eye -ic = pertaining to	Pertaining to eye
optic (OP-tik)	opt/o = eye, vision -ic = pertaining to	Pertaining to eye or vision
optical (OP-tih-kal)	optic/o = eye, vision -al = pertaining to	Pertaining to eye or vision
pupillary (PYOO-pih-lair-ee)	pupill/o = pupil -ary = pertaining to	Pertaining to pupil
retinal (RET-ih-nal)	retin/o = retina -al = pertaining to	Pertaining to retina
scleral (SKLAIR-al)	scler/o = sclera -al = pertaining to	Pertaining to sclera
uveal (YOO-vee-al)	uve/o = choroid -al = pertaining to	Pertaining to choroid layer of eye

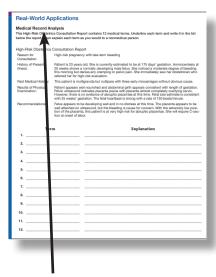
#### **UPDATED!** Practice As You Go

An assortment of exercises is peppered throughout the chapters to assess students' understanding of the material discussed.



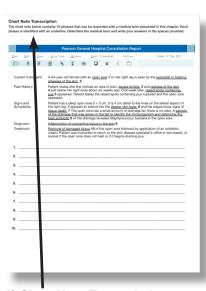
#### **Chapter Review**

**Real-World Applications**—Three critical thinking activities allow students to apply their medical knowledge to true-to-life scenarios:



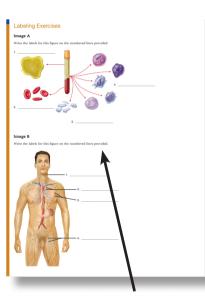
#### 1) Medical Record Analysis

Exercises that challenge students to read examples of real medical records and then to apply their medical terminology knowledge in answering related questions.

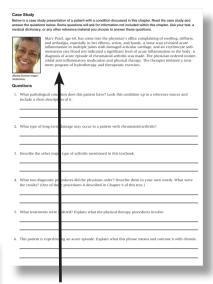


#### 2) Chart Note Transcription

Slice-of-real-life exercise that asks students to replace lay terms in a medical chart with the proper medical term.



Additionally, **Labeling Exercises** provide a visual challenge to reinforce students' grasp of anatomy and physiology concepts.



#### 3) Case Study

Scenarios that use critical thinking questions to help students develop a firmer understanding of the terminology in context.

Practice Exercises
A. Using Abbreviations
Fill in each blank with the appropriate abbreviation.
A(n) spec     y in treating conditions of the female reproductive system and a(n) specializes in
treating programt wo en.
always develops symptoms just prior to the menstrual period.
is also called prythroblastosis fetalis.
A(n) can be erformed at an earlier stage of the programcy than an amniocentesis.
When she stopped talking, Natasha had a(n) inserted into her uterus for contraception.
Some cases of cervical lancer are caused by a(n) infection.
7 were former referred to as VD.
8. The is an important screening tool for prostate cancer.
A(n) is performed when the prostate gland is blocking urine flow from the bladder.
10 is associated with prolonged wearing of a super-absorbent tampon.
B. Define the Term
1. spermatogenesis
2. hydrocele
transurethral resection the prostate (TURP)
4. sterility
5. orchiectomy
6. vaseciomy
7. castration
8. gestation
9. meconium
10. mulligravida 11. dvatocia
11. dystocia
13. fibroid tumor
14. fibrocystic disease
15. placenta previa
C. Word Building Practi
The combining form color or in to the vagina. Use it to write a term that means:
visual examination of the agina     instrument used to examile the vagina
The combining form cervic/o r ers to the arrain. Use it to write a term that means:
The combining form Carvic/o riers to the arvic. Use it to write a term that means:  3. removal of the cervix
2. Hambar of the Great

Practice Exercises—A wide array of updated workbook exercises at the end of each chapter serve as a fun and challenging study review. A larger variety of question types leads to a more engaging assessment of student understanding of concepts like spelling, adjective formation, and anatomy and physiology.

# MyLab Medical Terminology™

#### What is MyLab Medical Terminology?

MyLab Medical Terminology is a comprehensive online program that gives you, the student, the opportunity to test your understanding of information, concepts and medical language to see how well you know the material. From the test results, MyLab Medical Terminology builds a self-paced, personalized study plan unique to your needs. Remediation in the form of etext pages, illustrations, exercises, audio segments, and video clips is provided for those areas in which you may need additional instruction, review, or reinforcement. You can then work through the program until your study plan is complete and you have mastered the content. MyLab Medical Terminology is available as a standalone program or with an embedded etext.

MyLab Medical Terminology is organized to follow the chapters and learning outcomes in Medical Terminology: A Living Language. With MyLab Medical Terminology, you can track your own progress through your entire med term course.

#### **How do Students Benefit?**

Here's how MyLab Medical Terminology helps you.

- Keep up with information presented in the text and lectures.
- Save time by focusing study and review just the content you need.
- Increase understanding of difficult concepts with study material for different learning styles.
- Remediate in areas in which you need additional review.

#### Key Features of MyLab Medical Terminology

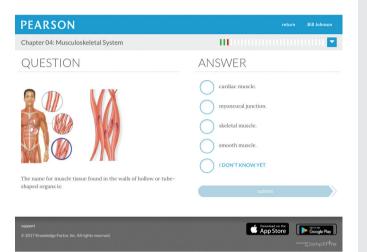
Pre-Tests and Post-Tests. Using guestions aligned to the learning outcomes in Medical Terminology: A Living Language, multiple tests measure your understanding of topics.

Personalized Study Material. Based on the topic pretest results, you receive a personalized study plan, highlighting areas where you may need improvement. It includes these study tools

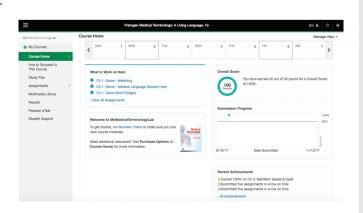
- Links to specific pages in the etext
- Images for review
- Interactive exercises
- Animations and video clips
- Audio glossary
- Access to full Personalized Study Material

# How do Instructors Benefit?

- Save time by providing students with a comprehensive, media-rich study program.
- Track student understanding of course content in the program gradebook.
- Monitor student activity with viewable student assignments.







## **Preface**

Since the first edition of *Medical Terminology: A Living Language* was published it has been noted for its "clean" and logical format that promotes learning. In this revised edition, we have built upon this strength by enhancing many features to make this text an ideal choice for semester- or quarter-length courses.

### Features of this Edition

This new seventh edition contains features that facilitate student mastery, while maintaining the best aspects of previous editions. Each chapter is arranged in a similar format and the content is organized with an emphasis on maintaining consistency and accuracy.

We have revised **Medical Terminology:** A Living Language so that it provides for an even more valuable teaching and learning experience. Here are the enhancements we have made:

- Based on market feedback, we have taken the content that appeared in the special topics chapter in previous
  editions, and have now broken it up and interspersed this material throughout the book to better correspond
  with the body systems organization of the text. We hope this change will make incorporating this information
  easier into your course.
- All of the phonetic pronunciations have been reviewed and revised as needed to ensure consistency and to provide the most commonly used pronunciation.
- The beginning of the Terminology section in each chapter includes an even more comprehensive list of all
  combining forms, suffixes, and prefixes used to build terms in the remaining sections of the chapter.
- For this seventh edition, every term presented in the book has been evaluated for its currency and additional terms have been added throughout to reflect the newest technologies and procedures.
- **Practice As You Go**, our popular "speed bump" feature scattered throughout the chapters, has been expanded to appear more frequently throughout each chapter to allow the reader to get a quick check on their grasp of the content presented by using a combination of short-answer exercises. Answers are provided at the back of the book.
- End-of-Chapter Practice Exercises have been revamped to better emphasize terminology usage rather than simple recall of word parts. In addition to the rewriting of many standard question types, new exercises have been added to the end of each chapter to provide students an engaging opportunity to assess their skills in:
  - spelling
  - building medical terms
  - using abbreviations
  - · defining medical terms
  - understanding true-to-life scenarios
  - labeling drawings of human anatomy

### Organization of the Book

### **Introductory Chapters**

Chapter 1 contains information necessary for an understanding of how medical terms are formed. This includes learning about word roots, combining forms, prefixes, and suffixes, and general rules for building medical terms. Readers will learn about terminology for medical records, the different healthcare settings, and about Pharmacology and the elements of a prescription. Chapter 2 presents terminology relating to the body organization, including

organs and body systems. Here readers will first encounter word-building tables, a feature found in each remaining chapter that lists medical terms and their respective word parts. Chapter 2 also includes a discussion about the routes used to introduce drugs into the body.

### **Body Systems Chapters**

Chapters 3–13 are organized by body system. Each chapter begins with the System At a Glance feature, which lists combining forms, prefixes, and/or suffixes with their meanings and is followed by a System Illustrated overview of the organs in the system. The anatomy and physiology section is divided into the various components of the system, and each subsection begins with a list of key medical terms accompanied by a phonetic pronunciation guide. Key terms are boldfaced the first time they appear in the narrative for easy recognition. The Terminology section of each chapter begins with a list of all word parts used within the chapter. For ease of learning, the medical terms are divided into five separate sections: adjective forms of anatomical terms, pathology, diagnostic procedures, therapeutic procedures, and pharmacology. The word parts used to build terms are highlighted within each table. An abbreviations section then follows to complete each chapter.

### **Appendices**

The appendices contain helpful reference lists of word parts and definitions provided in the text. This information is intended for quick access and includes three appendices: Word Parts Arranged Alphabetically and Defined, Word Parts Arranged Alphabetically by Definition, and Abbreviations.

### **Answer Keys**

A comprehensive listing of answers is provided in the back of the book for all of the Practice As You Go exercises, as well as the Chapter Review section's Real-World Applications activities, Practice Exercises, and Labeling Exercises. Students should use these answer keys to check their answers as they complete each chapter to better assess any areas that may need additional study.

### Glossary/Index

Lastly, all of the key terms in the book appear again in the combination glossary/index at the end of the text. In addition to providing a page reference for each entry, complete definitions of key terms are also presented for quick access.

## **About the Authors**



### Bonnie F. Fremgen

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# Our Development Team

We would like to express deep gratitude to the over 120 colleagues from schools across the country who have provided us with many hours of their time over the years to help us tailor this book to suit the dynamic needs of instructors and students. These individuals have reviewed manuscript chapters and illustrations for content, accuracy, level, and utility. We sincerely thank them and feel that *Medical Terminology: A Living Language* has benefited immeasurably from their efforts, insights, encouragement, and selfless willingness to share their expertise as educators.

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# A Commitment to Accuracy

As a student embarking on a career in healthcare you probably already know how critically important it is to be precise in your work. Patients and coworkers will be counting on you to avoid errors on a daily basis. Likewise, we owe it to you—the reader—to ensure accuracy in this book. We have gone to great lengths to verify that the information provided in *Medical Terminology: A Living Language* is complete and correct. To this end, here are the steps we have taken:

- Editorial Review We have assembled a large team of developmental consultants (listed on the preceding pages) to critique every word and every image in this book. Multiple content experts have read each chapter for accuracy.
- 2. **Medical Illustrations**—A team of medically trained illustrators was hired to prepare many of the pieces of art that grace the pages of this book. These illustrators have a higher level of scientific education than the artists for most textbooks, and they worked directly with the authors and members of our development team to make sure that their work was clear, correct, and consistent with what is described in the text.
- 3. **Accurate Ancillaries**—Realizing that the teaching and learning ancillaries are often as vital to instruction as the book itself, we took extra steps to ensure accuracy and consistency within these components. We assigned some members of our development team to specifically focus on critiquing every bit of content that comprises the instructional ancillary resources to confirm accuracy.

While our intent and actions have been directed at creating an error-free text, we have established a process for correcting any mistakes that may have slipped past our editors. Pearson takes this issue seriously and therefore welcomes any and all feedback that you can provide along the lines of helping us enhance the accuracy of this text. If you identify any errors that need to be corrected in a subsequent printing, please notify us. Thank you for helping Pearson to reach its goal of providing the most accurate medical terminology textbooks available. Any corrections can be sent to us through your institution's Pearson representative or please mail them to:

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