



TENTH EDITION

**PARENT-CHILD
RELATIONS**

An Introduction to Parenting

JERRY J. BIGNER

Colorado State University

CLARA GERHARDT

Samford University



Pearson

330 Hudson Street, NY NY 10013

Director and Publisher: Kevin M. Davis
Portfolio Manager: Aileen Pogran
Managing Content Producer: Megan Moffo
Content Producer: Yagnesh Jani
Portfolio Management Assistant: Maria Feliberty
Executive Product Marketing Manager: Christopher Barry
Executive Field Marketing Manager: Krista Clark
Procurement Specialist: Deidra Smith
Cover Design: Studio Montage

Cover Art: Shutterstock.com/Dip
Illustrations: Claire Gottschalk
Editorial Production and Composition Services: SPi Global
Editorial Full-Service Project Manager: Herbert Timtim
Production Full-Service Project Manager: Raja Natesan
Printer/Binder: RR Donnelley
Cover Printer: Phoenix Color
Text Font: 10/12 New Caledonia

Credits and acknowledgments for materials borrowed from other sources and reproduced, with permission, in this textbook appear on the appropriate page within the text.

Every effort has been made to provide accurate and current Internet information in this book. However, the Internet and information posted on it are constantly changing, so it is inevitable that some of the Internet addresses listed in this textbook will change.

Copyright © 2019, 2014, 2010, 2006 by Pearson Education, Inc. All rights reserved. Printed in the United States of America. This publication is protected by Copyright and permission should be obtained from the publisher prior to any prohibited reproduction, storage in a retrieval system, or transmission in any form or by any means, electronic, mechanical, photocopying, recording, or likewise. To obtain permission(s) to use material from this work, please visit <http://www.pearsoned.com/permissions/>

Library of Congress Cataloging-in-Publication Data

Names: Bigner, Jerry J., author. | Gerhardt, Clara, author.

Title: Parent-child relations: an introduction to parenting / Jerry J.

Bigner, Colorado State University, Professor Emeritus, Clara Gerhardt, Samford University.

Description: Tenth edition. | Boston: Pearson, [2019]

Identifiers: LCCN 2017058513 | ISBN 9780134802237 | ISBN 0134802233

Subjects: LCSH: Parenting. | Parent and child. | Child development. | Families.

Classification: LCC HQ755.8 .B53 2019 | DDC 306.874--dc23 LC record available at <https://lccn.loc.gov/2017058513>

1 18



ISBN-10: 0-13-480223-3
ISBN-13: 978-0-13-480223-7

Dedication

To our children and their children, who hold the promise
of becoming the future generations of parents.





About the Authors



Dr. Clara Gerhardt
**Professor of Human Development
and Family Science, Samford University**

Clara Gerhardt, MBA, Ph.D., is professor and past chair of the Department of Human Development and Family Science at Samford University. She is a clinical psychologist and a licensed marriage and family therapist, as well as a certified family life educator. Among her many publications, she contributed a number of entries to the *Encyclopedia of Family Studies* (Wiley, 2016). She documented the history of family therapy in two book chapters. She writes a regular guest column for a publication of the National Council on Family Relations and serves as contributing editor for one of their publications.

Dr. Gerhardt has twice served as chair of a State Board of Examiners in Psychology. She teaches university courses on parenting, counseling foundations, and multicultural perspectives. As an internship supervisor she mentors child life and preschool education specialists.

Dr. Gerhardt has professionally presented on six continents, traveled to over 60 countries, and speaks five languages fluently.

Her practical training is constantly updated by being a parent and a grandparent.



The Lifespan of a Parenting Textbook

Tribute to Jerry J. Bigner, PhD. (1944–2011)
by Clara Gerhardt

On my bookshelf are nine editions of the same textbook: *Parent-Child Relations: An Introduction to Parenting*. The first edition was published in the seventies and is a very slim volume. It contains cartoons pertaining to parenting challenges, some a little quaint if viewed almost half a century later. The author of this textbook was Dr. Jerry Bigner, my respected friend and colleague. He conceived the text while in his late twenties and while working as a Human Development and Family Studies Professor, at Colorado State University. He nurtured the book much like a parent nurtures a child. Looking at the nine editions, I see the progression of the book through its own childhood, adolescence, and eventually a sophisticated and fully matured text. After almost 50 years, it is now in its tenth edition and somewhat of a classic.

What makes the nine earlier editions particularly interesting is that they tell the story of the development of parenting as a special area of interest, but importantly this occurs against the backdrop of the field of Family Science in general. With each new edition, the slow societal changes become more apparent as they affect parents and their families. We become observers not only of the changes of women's roles in society, but also of how men respond to these shifts as their own roles within and outside the family unit are implicated. In one of the later editions, a dedicated chapter on cultural perspectives appeared; parenting should be viewed respecting unique cultural nuances. Increased gender equality and flexible roles within families become more visible.

Dr. Bigner was known for his clear support of human diversity in all its expressions. He was the senior editor of the *Journal of GLBT Family Studies*. It was congruent for him to lend his voice in support of diversity as it

occurs and is expressed in parenting and family life. He introduced a chapter on family formation and parenting in same-sex couples, long before this was a topic for discourse in a parenting text.

The text is as familiar to me as the palm of my hand. After all, I have been involved with it since its sixth edition. Like a flashbulb moment I remember where I was when the sad news of Dr. Bigner's death reached me. I was on the Isle of Wight, off the coast of England. In the months before his death, Dr. Bigner and I had frequent discussions about the parenting textbook; its future, how it should adapt and reflect all the changes occurring in society at large and in families in particular. He had made sure he was backing up his work; not on a computer hard drive but by anchoring it in my mind.

Dr. Bigner was a role model to family life educators and over his lifetime his teaching influenced thousands of students. As we present the tenth edition, it seems apt to end with the very last paragraph from the ninth edition: "As we are educating the next generation of parent educators, we hope that they, too, will venture toward securing improved outcomes for children and their parents. After all, public wisdom tells us that there is no better investment than allocating appropriate resources to our children, who, in turn, hold the promise of becoming the next generation of parents." (Gerhardt, In: Bigner & Gerhardt, 2014, p. 348).

"Public wisdom tells us that there is no better investment than allocating appropriate resources to our children, who, in turn, hold the promise of becoming the next generation of parents."

Gerhardt, In: Bigner & Gerhardt, 2014



Preface

NEW TO THIS EDITION

The tenth edition of *Parent–Child Relations* has been dramatically restructured and extensively revised. About 80% of the material was entirely rewritten, and a new test bank was created. The chapters were reconceived. The three sections highlight the context, the developmental process, and the challenges of parent–child relations.

The fifteen chapters provide a suitable format for a typical semester, and the material has been carefully focused to meet the educational requirements of students in parenting.

Two new chapters were added covering family law as it pertains to parenting (Chapter 5) and family composition and dynamics as it influences parenting (Chapter 11). Sections of other chapters were refocused. To make space for these new additions the transition to parenthood, pregnancy, and birth were consolidated into one chapter, and adolescence and teens as parents were merged. Historical and cultural influences were discussed in one chapter as they are intertwined. Theoretical underpinnings were expanded.

Current topics that were incorporated or expanded: coparenting, the effects of globalization on families, only children, military families, fragile families, interrupted parenting, parental rights and privileges, legal concerns, ethics and parenting, intergenerational families, grandparents fulfilling parental roles, diversity within families in terms of roles and function, shifts in gender and parental roles, strengths and resilience within families, and aspirations toward better outcomes.

We trimmed superfluous and repetitive information and added up-to-date research. About 800 current resources were incorporated in an overhauled bibliography, researched by a team of seven qualified research assistants well versed in the field.

The test bank was rewritten to reflect the new structure and emphasis of the 10th edition.

Other new additions were cultural snapshots highlighting diversity, as well as relevant reflections by experts to illustrate pertinent points. We paid special attention to our reviewers, who pointed us in new directions with their valuable and insightful suggestions.

A team of about a dozen subject experts proofed their specific areas of expertise for currency and correctness. Additionally:

- **Frequently Asked Questions** allow students to see parenting concerns through the eyes of a parent or a therapist.
- **Cultural Snapshots** highlight diversity in parenting practices.
- **Learning outcomes** are logically echoed in the focus points within the text and the chapter-end summaries re-address the learning outcomes to come full circle.
- **Website suggestions** contain focus areas so that topics can be researched independently despite websites being dynamic and changing.
- **Video links** clarify pertinent points or introduce readers to relevant researchers in the field.
- **Glossaries** elaborate concepts and phrases highlighted within the text.

SUPPLEMENTS TO THE TEXT

Instructors will be pleased that their favorite topics may be included during lectures to supplement the text. The following online supplements are available to instructors and can be downloaded at www.pearsonhighered.com:

- **Online Instructor's Manual.** This manual provides a variety of resources that support the text, including notes from the author regarding each chapter, suggestions for supplementary lecture topics, and a listing of audiovisual materials that illustrate chapter concepts.
- **Online Test Bank.** The *Test Bank* features evaluation items, such as true–false and multiple choice.
- **Online PowerPoint® Slides.** PowerPoint presentations accompany each chapter of the text. These slides can be customized by adding comments.
- **Computerized Test Bank Software.** Known as TestGen, this computerized test bank software gives instructors electronic access to the Test Bank items, allowing them to create customized exams. TestGen is available in a dual Macintosh and PC/Windows version.
- **Course Management.** The assessment items in the Test Bank are also available in WebCT and Blackboard formats.
- The supplementary materials for this text have undergone major restructuring to lighten the instructor's load.

ACKNOWLEDGMENTS

It takes many musicians to perform a symphony. For any creative endeavor, there is a wide net of people who inspire, support, and simply create the space so that the project can be completed. I had an entire team, not all mentioned by name, guiding and encouraging me. I'd like to express my profound admiration for the next generation of parents, who showed me how they juggle families and careers while parenting respectfully and selflessly.

Some inspired me through their exemplary parenting, shared their expertise and enthusiasm, or poured me endless cups of tea for courage and creativity. In random order, they include: Claire and Edward Gottschalk, Martin and Erika Grotepass, Paul Gerhardt and Jenine Schmidt, Andrew Gerhardt; additionally, the Doctors

Christi Gerhardt, Tatum McArthur, David Gerhardt, David Shipley, Christina Ochsenbauer, Irva Hayward, Mary Sue Baldwin, Deborah Burks, Jo King, Jan Robertze, Jeanie Box, Kristie Chandler, and Celeste Hill. Two inspiring pre-school educators are Marlene Giesen and Melanie Luedders; your dedication touched the lives of many children and their parents. Importantly, my siblings Dr. Frans Grotepass and Dr. Hanna Grotepass. In memory of the late Dr. Willem Grotepass and Dr. Dan Sandifer-Stech; they taught me much about families and life, each in their own way.

Samford University has been the academic home which nurtured and supported me. I am deeply indebted to my colleagues and a truly inspiring team of research assistants. They scoured articles, captured references, found up-to-date graphs and information, and so much more. The fact that 80% of this book was rewritten and about 800 current references were added was made possible by their diligence. Katrina Brown Aliffi (who was a research assistant for the 9th edition), Nicole Smith and Madeline Shipley Llewellyn have Master's degrees and are experts in their own right. These three researchers responded to numerous queries and revisions, while also cheering on the team toward the finish line. My appreciation to Lily Leath, Lindsay Smith, and Caroline Tudor Reed; graduates in Human Development and Family Science who were involved in the early revisions. Some contributors chose to remain anonymous; know that I value your work and I thank you.

As expert readers and contributors I thank the following (alphabetically): Dr. Joe Ackerson, Dr. Sarah Bowers, Matthew Bunt, Marisa Dempsey, as well as the Doctors Ginger Frost, Christi Gerhardt, Bryan Johnson, Walt Johnson, Tatum McArthur, Kelly Ross-Davis, Jenine Schmidt, Dale Wisely, and Patti Wood. Duane Farnell contributed in making Dr. Bigner's dreams for future editions a reality. For generously sharing her photographs and her vision, my gratitude extends to award-winning photographer Carolyn Sherer. To Claire Gottschalk, Industrial Designer, who created the family related logos and virtually all illustrations: My heartfelt appreciation for your support, vision, and artistic contributions.

The thoughtful insights and comments of the reviewers are greatly appreciated: Your insight and expertise guided me toward new directions and improved the overall outcome.

The editors at Pearson were my compass and anchor: Senior Acquisitions Editor Julie Peters and Managing Content Producer Megan Moffo, as well as the entire Pearson team responsible for editing and production, ultimately guided this book to a safe harbor.

Lastly, I convey my love to my inner circle—my husband, Michael, and our children, their spouses, and our grandchildren. They are the ones who turned me into a parent and a grandparent, the most important and rewarding learning school of all.



Brief Contents

PART I	The Context of Parent–Child Relations	1
<hr/>		
CHAPTER 1	The Evolving Context of Parenting	3
CHAPTER 2	Parenting Approaches	27
CHAPTER 3	Historical and Cultural Perspectives	63
CHAPTER 4	Theoretical Perspectives on Parent–Child Relations	93
CHAPTER 5	Parenting: Rights and Responsibilities	130
PART II	The Developmental Process of Parenting	151
<hr/>		
CHAPTER 6	The Transition to Parenthood	153
CHAPTER 7	Parenting Infants and Toddlers	184
CHAPTER 8	Parenting Preschoolers	211
CHAPTER 9	Parenting in Middle Childhood	241
CHAPTER 10	Parenting Adolescents and Teens as Parents	275
PART III	The Challenges of Parent–Child Relations	305
<hr/>		
CHAPTER 11	Parenting: Family Composition and Dynamics	307
CHAPTER 12	Parenting Interrupted and Fragile Families	332
CHAPTER 13	Blended and Intergenerational Family Systems	359
CHAPTER 14	Family Formation and Parenting in LGBT Contexts	378
CHAPTER 15	Toward Better Outcomes	395



Contents

PART I **The Context of Parent–Child Relations 1**

CHAPTER 1 **The Evolving Context of Parenting 3**

Parenthood	3
Coparenting	4
Parenting Education	6
Dimensions of the Parenting Role	9
Family as a System	9
Bidirectional Relationship	9
Developmental and Lifespan Pursuit	10
Social Construct	10
Influences in the Parenting Style	11
Family-of-Origin Influences	11
Sociocultural Influences	12
Bidirectional Influences	12
Developmental Time	12
Personality and Temperament	13
Family Structure	13
Social Factors Affecting Parenthood	14
Diversity in Family Forms and Structures	15
Two-Parent Families	16
Single-Parent and Binuclear Families	17
Blended Families	19
Families With Renested Adult Children	19
Kinship Families	19

Families of Choice	20
Military Families	21
Ethnography: Diverse Family Forms	23
Family Well-Being	25
Chapter Focus Points	25
Useful Websites	26

CHAPTER 2 **Parenting Approaches 27**

The Parenting Relationship	28
Parents as Teachers	29
Appropriate Discipline	31
Process and Content	31
Positive Self Esteem	32
Nurture and Structure	32
Responsive and Responsible Care	33
Constructive Guidance	33
Corporal Punishment	35
Parenting Styles	40
Critique on Parenting Styles	41
Structure and Nurture Revisited	44
The Parenting Circumplex Model	46
Parenting Practices in Context	47
Parenting Approaches and Theoretical Frameworks	48
Cognitive Behavioral Approaches	48
Social Learning Approaches	50
Relationship-based Approaches	52
Communicating With Children	52
Interacting With Children	53

Multimodal Approaches 55

Positive Parental Discipline 56

 “Time-out” as an Intervention 58

 Ineffective Disciplinary Methods 58

 Parenting Challenges 59

 Normal Behavioral Problems 61

Chapter Focus Points 61

Useful Websites 62

CHAPTER 3

Historical and Cultural Perspectives 63

The Evolution of Childhood 63

 Adult Lifespan and Infant Mortality 64

 Recorded Beginnings 65

 Earlier Perceptions of Children 66

Developmentally Appropriate Approaches to Childrearing 67

 Environment and Discipline 68

 Bend the Tree While It Is Young 69

 Expanding Child Focused Values 70

 Beginnings of Developmental Approach 70

Parenting and Culture 74

 The Role of Culture 74

 Enculturation and Acculturation 77

 Cultural Universalism and Cultural Relativism 79

 Socialization 80

Ethnic Diversity in Families 81

 Multiracial and Interethnic Families 83

 Diverse Influences 83

 Education and Multilingualism 83

Globalization and Parenting 84

 Challenges to Migrating Families 85

 Globalization, Migration, and the Family 86

 Globalization, Culture, and the Family 87

 Gender Roles 90

 Ripple Effects on Parenting 90

Chapter Focus Points 91

Useful Websites 92

CHAPTER 4

Theoretical Perspectives on Parent–Child Relations 93

Theories and Their Function 93

Theories as Building Blocks 95

 Psychoanalytic, Psychosocial, and Related Approaches 95

 Behaviorist, Cognitive Behavioral, and Related Approaches 96

 Humanistic and Related Approaches 97

 Systemic, Family Systems, and Related Approaches 97

 Neuroscience and Related Approaches 98

Parents as Socialization Agents 99

Attachment Theory and Parenting 100

 John Bowlby and Mary Ainsworth 100

 Melanie Klein 101

 René Spitz and James Robertson 101

 William Goldfarb, Anna Freud, and Jean Piaget 101

 Harry Harlow 101

 Konrad Lorenz 103

Psychosocial Development Theory and Parenting 103

 Application to Parent–Child Relations 105

Theories Related to Behavior, Cognition, and Social Learning 106

 Learning Theory 106

 Cognitive Theory 107

 Application to Parent–Child Relations 110

 Parenthood as a Developmental Role: Developmental Interaction 111

The Family as a System 112

 Family Systems Theory 113

 Reciprocal Interaction and Feedback 115

 Boundaries 115

 Equifinality 115

 Homeostasis 116

 Application to Parent–Child Relations 116

Ecological Systems Theory and Parenting 117

Systemic Family Development Theory 120

 Stressors in Families 120

 Intergenerational Families in Developmental Time 120

 Lifespan Tracks 122

 Family Genograms 122

Chapter Focus Points 128

Useful Websites 129

CHAPTER 5
Parenting: Rights and Responsibilities 130

The Privilege of Parenthood 130
 Boundaries of Parental Autonomy 131
 Parents Causing Concern 131
 Ethics of Parenting 133
 Laws Reflect Culture 134
 Laws and Rights 135
 Grandparents 136
 The Right to Parent 136
 Rights and Responsibilities 137
 Responsible Parenting 137
 Legal Paternity and Maternity 139
 Establishing Paternity and Maternity 139
 Dependency 140
 Medical Treatment 140
 Living Will 141
 Education 141
 Child Maltreatment 142
 Best Interest of the Child 143
 Children in Foster Care 144
 Divorce 147
 Alternative Dispute Resolution (ADR) 147
 Mediation 147
 Collaborative Divorce 148
 Parenting Plans 148
 Custody 148
 The Global Well-Being of Children 148
 Final Thoughts 149
 Chapter Focus Points 149
 Useful Websites 150

PART II

**The Developmental Process
 of Parenting 151**

CHAPTER 6
The Transition to Parenthood 153

A Transformative Relationship 154
 Parenthood and Committed Relationships 154
 Union Instability and Union Disruptions 156
 Role Strain 159

Family of Creation 160
 Nuclear Family 160
 Planning for a Family 161
 Genetic Counseling 161
 Preparation for Conception 161
 Maternal Health 162
 Timing of Parenthood 163
 Pregnancy and Birth 164
 Prenatal Development 164
 Adjusting to Pregnancy 165
 Fetal Origins of Adult Disease 166
 Preparation for Birth 168
 Childbirth Education 168
 The Birthing Experience 170
 Emotional Aspects 170
 Pregnancy and Infant Loss 172
 Alternative Avenues to Parenthood 173
 Challenges 174
 Parenting and Adoption 175
 Second-Parent Adoption and Kinship Adoption 175
 Historical Underpinnings 176
 International Adoption 179
 Foster Parenting 180
 Foster Care in the United States 180
 Chapter Focus Points 181
 Useful Websites 183

CHAPTER 7
Parenting Infants and Toddlers 184

Parental Responsibilities 184
 Landmarks of Infancy 186
 Parenting Infants 186
 Appropriate Engagement 187
 Sleep–Wake Cycle 187
 Sleep Related Infant Deaths 187
 Communication and Infant Crying 188
 Feeding and Breastfeeding 188
 Health and Medical Care 191
 Parenting and Brain Development 191
 “Parenting Begets Parenting” 192
 Goodness-of-Fit 193
 Attachment 195
 Safety Precautions for Infants 198

Non-Parental Childcare	199
Parenting Toddlers	200
Self-Efficacy and Self-Regulation	200
Cognitive Development	202
Safety Concerns for Toddlers	203
Evolving Personal Concepts of Parenthood	206
Gender-Equal Parenting Roles	207
The Highs and Lows of Parenting	207
Chapter Focus Points	209
Useful Websites	209

CHAPTER 8 Parenting Preschoolers 211

Preschoolers: Developmental Achievements	211
Learning and Brain Development	212
Self-Regulation: The Golden Thread	214
Parenting Young Children	216
Cognitive, Emotional, and Social Aspects	216
Toxic Parenting	217
Beginning Socialization	219
Gender Roles and Sexuality	221
Grief in Children	221
Attachment Revisited	222
Cognitive Development	224
Play as a Learning Opportunity	226
Parenting Exceptionally Bright Preschoolers	226
Respectful Parenting	228
Praise Sparingly but Authentically	229
Encourage Age Appropriate Responsibility and Choice	229
Challenging Behaviors	230
Bedtime and Sleeping	230
Toileting	231
Meal Times	231
Health and Safety	232
Childcare for Preschoolers	233
Families and Work	233
Supporting Children	233
Historic Underpinnings	234
Childcare Centers	235
Preschool Programs	236
Chapter Focus Points	238
Useful Websites	240

CHAPTER 9 Parenting in Middle Childhood 241

Meeting Unique Individuals	241
Parenting School-Age Children	242
The Decade of Learning	242
Developmental Parenting	243
Landmarks of Middle Childhood	244
Adversity in Context	244
Self-Efficacy, Self-Regulation, and Co-Regulation	245
Lessons From Parents and Peers	245
Meeting the Needs of School-Age Children	247
Health and Safety Concerns	248
Structure and Nurture Revisited	249
Creating a Safe and Respectful School Environment	251
Cyberbullying	253
Bullying and Harassment	253
Cognitive Skills	254
The World of School	255
Evolving Parenting and Educational Practices	255
Extracurricular Activities	257
Sex and Relationship Education	259
Typical Behavioral Problems	259
Noncompliance	260
Antisocial Behaviors	260
Children With Disabilities	261
Parenting Exceptional Children	262
Parenting Children and Youth With High Potential: Gifts and Talents	263
Children With Exceptionalities	264
Family Reactions	265
Support for Families With Exceptional Children	266
Parental Employment and Childcare Support	268
Lead-Parents	268
Work-Family Balance	268
Toward Gender Equality	270
Effects on the Children	270
Chapter Focus Points	271
Useful Websites	273

CHAPTER 10
Parenting Adolescents and Teens as Parents 275

The Promise of the Future 275
 The Teenage Brain 276
 Developmental Landmarks of Adolescence 278
 Parenting Adolescents 278
 Revised Parenting Styles 280
 Meeting the Needs of Adolescents 281
 Family Climate 284
 Relationships and Sexuality 288
 Relationship and Sex Education for Teens 288
 Sexually Transmitted Infections (STIs) 289
 Dating Coercion and Violence 289
 Teenage Contraceptive Use 290
 Gender Roles and Sexual Orientation 290
 Parenting Emerging Adults 292
 Prolonged Parental Dependency 292
 Adolescents as Parents 295
 Teen Pregnancy 295
 Adolescent Fathers 298
 Support for Adolescent Parents 300
 Educational Programs 301
 Promoting Parenting Skills 301
 Chapter Focus Points 302
 Useful Websites 303

PART III

The Challenges of Parent–Child Relations 305

CHAPTER 11
Parenting: Family Composition and Dynamics 307

The Dynamics of Ratio 307
 The Resources Within a Family System 308
 Sibling Ratios 308
 Single Child Families 309
 Multiples 312
 Single Parent Families 315
 Single-by-Choice 315
 Single After the Death of a Partner 315

Single Post-divorce 316
 Parental Adaptations Following Divorce 317
 Custody Arrangements 320
 Joint Custody 321
 Post-divorce Conflict 322
 Single-parent Families Headed by Mothers 323
 Single-parent Families Headed by Fathers 324
 The Challenges of Nonresidential, Noncustodial Fathers 325
 The Challenges of Single-parent Families 325
 Grandparenting 326
 The Role of Grandparents 327
 Step-grandparenting 328
 Caring for Aging Parents 329
 The Sandwich Generation 330
 Elder Abuse 330
 Chapter Focus Points 330
 Useful Websites 331

CHAPTER 12
Parenting Interrupted and Fragile Families 332

Parenting Interrupted 332
 Historic Research 333
 Fragile Families 334
 Fragile Families and Child Wellbeing Research 335
 Children of the Great Recession 336
 Adverse Childhood Experiences 339
 Assets Contributing to Healthy Development 340
 External Assets 340
 Internal Assets 340
 Phases in Family Functioning 340
 Historic Research 340
 Phases in Family Functioning 341
 Family Stressors: Grief and Loss 343
 Grief in Children 343
 Substance-Related and Addictive Disorders 345
 Preventing Drug Abuse Through Positive Parenting 345
 Family Stressors and Addictive Disorders 347
 Substance-related and Addictive Disorders 347
 Implications for Children 347

The Battleground of Abuse	349
Historic Research	349
Family Violence	349
Models of Family Violence	351
Factors Associated With Family Violence	351
Abusive Parents	352
Treatment and Intervention	354
Chapter Focus Points	356
Useful Websites	358

CHAPTER 13 **Blended and Intergenerational Family Systems 359**

The Characteristics of Blended Family Systems	360
Repartnering and Remarriage	360
Blended Family Formation	364
Coparenting and Blended Family Roles	365
Stepfathers	366
Stepgrandparents	367
Stepchildren and Stepsiblings	367
Ex-spouses and Ex-in-laws	368
Challenges and Adjustments	368
Intergenerational Families	370
Lifespan and Multigenerational Parenting	370
Nuclear and Extended Family Contexts	371
Functions: Parenting the Fragile	372
Caregiving Relationships	372
Grandparent-headed Families	374
Boomerang Children	376
Multiple Family Roles	376
Chapter Focus Points	376
Useful Websites	377

CHAPTER 14 **Family Formation and Parenting in LGBT Contexts 378**

Legal Matters	379
History	380

The Determinants of Sexual Orientation	381
Biological Perspectives	381
Psychological Perspectives	382
The Continuum of Gender Identity	383
Toward Gender Authenticity	384
Family Systems With Children Identifying as LGBT	385
Family Formation in Same-Sex Couples	387
Mixed-Orientation Marriage	388
Parent–Child Relations in Same-Sex Couples	388
Children of Same-Sex Parents	390
Gender-equal Behavior	391
Family Dynamics in Same-Sex Couples	392
Challenges for Parents Identifying as LGBT	393
Chapter Focus Points	394
Useful Websites	394

CHAPTER 15 **Toward Better Outcomes 395**

Creating Optimal Environments	395
The Risk and Resilience Model	397
Protective Factors	399
Enhancing Individual Resilience	401
Civic Organizations	402
Gender Equality in Educational Outcomes	404
Generational Differences	405
Enhancing Family Resilience	406
Family Structure	406
The Power of Family Support	408
The Power of Social and Civic Connectedness	411
Search Institute: Developmental Assets	412
Research Trends in the Family Sciences	413
Select Global Initiatives for Young People	413
Policies and Programs	414
Final Thoughts	415
Chapter Focus Points	416
Useful Websites	417

GLOSSARY 418

REFERENCES 424

NAME INDEX 452

SUBJECT INDEX 459