Mastering the National Counselor Examination and the Counselor Preparation Comprehensive Examination

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This effort is dedicated to The One: the Giver of energy, passion, and understanding, who makes life worth living and endeavors worth pursuing and accomplishing, the Teacher of love and forgiveness.—BTE

For Charlotte, Grace, and Chris—my sources of joy and balance. Thank you for making everything more meaningful.—DGH

I dedicate this work to my husband, John, for his unwavering support and understanding during the writing process, and to my family, who always encouraged me to pursue my vocational aspirations.—SC
PREFACE

Mastering the National Counselor Examination and the Counselor Preparation Comprehensive Examination is a powerful resource and tool to help you prepare for two of the most important examinations in counselor preparation and credentialing: the National Counselor Examination for Licensure and Certification (NCE) and the Counselor Preparation Comprehensive Examination (CPCE). This study guide is organized into nine chapters, with the first eight chapters coinciding with the Council for Accreditation of Counseling and Related Educational Programs (CACREP) core content areas:

Chapter 1: Professional Orientation and Ethical Practice
Chapter 2: Social and Cultural Diversity
Chapter 3: Human Growth and Development
Chapter 4: Lifestyle and Career Development
Chapter 5: Helping Relationships
Chapter 6: Group Work
Chapter 7: Assessment
Chapter 8: Research and Program Evaluation

Each chapter is made up of sections addressing major topics within its CACREP core content area. Each section has five self-administered, multiple-choice questions to test your knowledge of the presented material and allow you to maximize your learning while making the reviewing of course material more manageable. This study guide also contains a glossary of key terms and several full-length practice tests to help you retain this information. Finally, Chapter 9: From Envisioning to Actualization: Marketing Yourself in the 21st Century is about you: what you need to know about getting a job and marketing yourself as a professional counselor as you make the transition from student to practitioner.

NEW TO THIS EDITION

This edition features several important additions and content revisions:

- Additional case studies are provided in most chapters to enhance practical perspectives.
- Citations have been replaced and updated across all chapters to give the most recent scholarly information, while maintaining the focus on classic citations underscoring the rich history of counseling theory and research.
- New test preparation items have been included comprising two full-length sample NCE administrations and two full-length CPCE administrations.
- The glossary of key terms has been updated to facilitate vocabulary review as an additional study aid.
- Revised and updated content has been provided to better align with the 2016 CACREP standards and current NCE and CPCE content.
ACKNOWLEDGMENTS

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