Preface

Life Span Development: A Topical Approach is the outgrowth of conversations and survey data drawing on the thinking of literally hundreds of instructors. These instructors voiced two main challenges in teaching life span development, reaching a surprising degree of consensus. First, almost every instructor acknowledged that the breadth of life span development is so vast that it is difficult to cover the entire field within the confines of a traditional college term. Consequently, many instructors saw most life span development texts as too long. Their students were concerned about the length of the texts and had trouble completing the entire book.

Second, many instructors expressed the concern that traditional, chronologically based life span development books were arranged in a way that made it difficult for students to understand the scope of development within particular topical areas (such as social or personality development across the entire life span) without skipping from one chapter to another.

Life Span Development: A Topical Approach addresses both of these concerns. This book, which is based on the chronologically organized, highly popular Development Across the Life Span, is shorter than traditional life span books, and it is arranged in a way that helps students to see the “big picture” of development across the entire life span within a specific topical area.

Life Span Development: A Topical Approach maintains the student friendliness that has been the hallmark of the original. It is rich in examples and illustrates the applications that can be derived from the research and theory of life span developmentalists. It pays particular attention to the applications that can be drawn from theory and research in the field.

To optimize student learning and to provide instructors with maximum flexibility, the book uses a modular approach. Each chapter is divided into three modules focusing on particular subtopics. Consequently, rather than facing long, potentially daunting chapters, students encounter material that is divided into smaller, more manageable chunks. Of course, presenting material in small chunks represents a structure that research long ago found to be optimum for promoting learning.

The modular approach has another advantage: It allows instructors to customize instruction by assigning only those modules that fit their course. Because the modules are self-contained, instructors can pick and choose which modules best contribute to their course. Because of the flexibility of this structure, instructors who wish to highlight a particular topic can do so easily and—equally important—have the option of not including specific modules.

Overview of the Second Edition

Life Span Development: A Topical Approach—like its predecessor—provides a broad overview of the field of human development. It covers major topics such as physical development, cognitive development, and social and personality development. In addition, separate chapters focus on health and wellness, language development, intelligence, development of the self, moral development and aggression, gender and sexuality, relationships, living in a multicultural world, and death and grieving.

The book seeks to accomplish the following four major goals:

• First and foremost, the book is designed to provide a broad, balanced overview of the field of life span development. It introduces readers to the theories, research, and
applications that constitute the discipline, examining both the traditional areas of
the field and more recent innovations. It pays particular attention to the applications
developed by life span development specialists, demonstrating how life span develop-
mentalists use theory, research, and applications to help solve significant social
problems.

- The second goal of the text is to explicitly tie development to students’ lives.
  Findings from the study of life span development have a significant degree of rel-
  evance to students, and this text illustrates how these findings can be applied in
  a meaningful, practical sense. Applications are presented in a contemporaneous
  framework, including current news items, timely world events, and contemporary
  uses of life span development that draw readers into the field. Numerous descriptive
  scenarios and vignettes reflect everyday situations in people’s lives, explaining how
  they relate to the field.

- The third goal is to highlight both the commonalities and diversity of today’s multici-
  lural society. Consequently, the book incorporates material relevant to diversity in all
  its forms—racial, ethnic, gender, sexual orientation, religion, and cultural—throughout
  every chapter. In addition, every chapter has at least one Developmental Diversity sec-
  tion. These features explicitly consider how cultural factors relevant to development
  both unite and diversify our contemporary global society.

- Finally, the fourth goal is one that is implicit in the other three: making the field of life
  span development engaging, accessible, and interesting to students. Life span develop-
  ment is a joy both to study and teach because so much of it has direct, immediate
  meaning for our lives. Because all of us are involved in our own developmental paths,
  we are tied in very personal ways to the content areas covered by the book. *Life Span
  Development: A Topical Approach*, then, is meant to engage and nurture this interest,
  planting a seed that will develop and flourish throughout readers’ lifetimes.

In accomplishing these goals, the book strives to be user friendly. Written in a direct,
conversational voice, it duplicates as much as possible a dialogue between author and
student. The text is meant to be understood and mastered on its own by students of every
level of interest and motivation. To that end, it includes a variety of pedagogical features
that promote mastery of the material and encourage critical thinking.

In short, the book blends and integrates theory, research, and applications, focusing
on the breadth of human development. Furthermore, rather than attempting to provide a
detailed historical record of the field, it focuses on the here and now, drawing on the past
where appropriate, but with a view toward delineating the field as it now stands and the
directions toward which it is evolving. Similarly, while providing descriptions of classic
studies, the emphasis is on current research findings and trends.

*Life Span Development: A Topical Approach* is meant to be a book that readers will
want to keep in their own personal libraries, one that they will take off the shelf when con-
sidering problems related to that most intriguing of questions: How do people come to be the
way they are?

**Special Features of the Second Edition**

In addition to its modular structure, *Life Span Development: A Topical Approach*
includes a set of features designed to engage students and help them learn the material
effectively. These include:

**CHAPTER-OPENING PROLOGUES**

Each chapter begins with a short vignette, describing an individual or situation that is relevant to
the basic developmental issues being discussed in the chapter.
LOOKING AHEAD SECTIONS
These opening sections orientate readers to the topics to be covered, bridging the opening prologue with the remainder of the chapter.

LEARNING OBJECTIVES
Each major chapter includes explicit learning objectives. These numbered learning objectives provide a means for instructors to evaluate student mastery of specific content.

FROM RESEARCH TO PRACTICE
Each chapter includes a section that describes current developmental research applied to everyday problems, helping students to see the impact of developmental research throughout society. Each of these is new in this edition.

DEVELOPMENTAL DIVERSITY
Every chapter has at least one “Developmental Diversity” section incorporated into the text. These sections highlight issues relevant to today’s multicultural society.

RUNNING GLOSSARY
Key terms are defined in the margins of the page on which the term is presented.

ARE YOU AN INFORMED CONSUMER OF DEVELOPMENT?
Every chapter includes information on specific uses that can be derived from research conducted by developmental investigators.

REVIEW AND APPLY SECTIONS
Interspersed throughout each chapter are three short recaps of the chapter’s main points, followed by a question designed to provoke critical thinking.

END-OF-CHAPTER MATERIAL
Each chapter ends with a numbered summary, a list of key terms and concepts, and an Epilogue that refers back to the opening Prologue and that ties the chapter together. The Looking Back summary is keyed to the Learning Objectives provided at the start of major sections of each chapter.

CAREER MARGINAL REFERENCES
Students will encounter frequent questions throughout the text designed to show the applicability of the material to a variety of professions, including education, nursing, social work, and healthcare providers.

What’s New in the Second Edition?
The revision includes a number of significant changes and additions. Most importantly, the text now includes specific, numbered Learning Outcomes. This helps instructors to design tests focused on specific learning objectives, and for students to direct their study most effectively and efficiently.

In addition, every chapter begins with a new opening vignette that introduces students to the real-world implications of the chapter topic. Furthermore, all From Research to Practice boxes—which describe a contemporary developmental research topic and its applied implications—are new to this edition.

Finally, the Second Edition of Life Span Development: A Topical Approach incorporates a significant amount of new and updated information. For instance, advances in such areas as behavioral genetics, brain development, evolutionary perspectives, and cross-cultural approaches to development receive expanded and new coverage. Overall, hundreds of new citations have been added, with most of those from articles and books published in the last three years.

New topics were added to every chapter. The following sample of new and revised topics featured in this edition provides a good indication of the currency of the revision:

Chapter 1
Update on first person conceived in vitro
New examples of policy issues informed by lifespan developmental research

Debunking relationship between vaccination and autism
Research on same-sex parenting efficacy
Emerging adulthood
Chapter 2
Transgenerational epigenetic inheritance
Placental role in brain development
In vitro fertilization success rates
In vitro fertilization live birth rates
Psychological consequences of miscarriage
Statistics on international abortion incidence
Incidence of hunger worldwide
Miscarriage and postpartum depression

Chapter 3
Shaken baby syndrome
Risk-taking during adolescence
Face perception in infancy

Chapter 4
Obesity during infancy
Obesity during adulthood across the world
Rate of SIDS
Illegal drug use during adolescence
Binge drinking
Sexually transmitted infections
Alzheimer’s disease
Benefits of breastfeeding
Children’s food consumption

Chapter 5
Educational baby media

Chapter 6
Infantile amnesia
Teaching children to read
Brain development and reading

Chapter 7
Referential and expressive styles of language
Bilingualism

Chapter 8
Aging and brain functioning
Intellectual stimulation and cognition
Multitasking
Intellectual disability

Chapter 9
Autism rate
Categories of temperament
Life satisfaction across the lifespan

Chapter 10
Theory of mind
Infants’ knowledge of race
Bicultural identity
Immigrants and obesity
Avoiding job burnout

Chapter 11
Genetic approaches to morality
Religion in childhood and adolescence
Violent video games
Physical punishment
Rate of elder abuse

Chapter 12
Timing of sexual intercourse
Victimization of gays and lesbians
Society’s attitudes toward homosexuality
Teenage pregnancy rates
Rate of using contraception
Sexuality during adulthood
Masturbation in late adulthood
Emerging adulthood
Cohabitation rates
Marital satisfaction
Divorce rates

Chapter 13
Race segregation and friendships
Formation of friendships
Costs of raising children
Deciding to have children
Preference for smaller families
Parenting and working full-time
Helicopter parents
Rates of boomerang children
Great-grandparents
Financial preparations for retirement

Chapter 14
Long term effects of child-care programs
Characteristics of high-quality child care
Head Start program
Summer learning
Gender in the classroom
Teenagers and media use
Cyberbullying

Chapter 15
Effectiveness of grief counseling
Efficacy of expression of negative emotions following grief
Criticisms of Kübler-Ross
Ancillaries

*Life Span Development: A Topical Approach* is accompanied by a superb set of teaching and learning materials.

**Print and Media Supplements for the Instructor**

- **Instructor's Resource Manual (ISBN: 0205951120).** The Instructor’s Resource Manual has been thoroughly reviewed and revised for the second edition. It includes learning objectives, key terms and concepts, self-contained lecture suggestions and class activities for each chapter.
  
  The Instructor’s Resource Manual will be available for download via the Pearson Instructor’s Resource Center ([www.pearsonhighered.com](http://www.pearsonhighered.com)) or on the MyDevelopmentLab® platform ([www.mydevelopmentlab.com](http://www.mydevelopmentlab.com)).

- **Video Enhanced PowerPoint Slides.** These slides, available on the Instructor’s Resource DVD (ISBN 0205951112), bring the Feldman design right into the classroom, drawing students into the lecture and providing wonderful interactive activities, visuals, and videos.

- **PowerPoint Lecture Slides (ISBN: 0205951112).** The lecture slides provide an active format for presenting concepts from each chapter and feature prominent figures and tables from the text. The PowerPoint Lecture Slides are available for download via the Pearson Instructor’s Resource Center ([www.pearsonhighered.com](http://www.pearsonhighered.com)) or on the MyDevelopmentLab® platform ([www.mydevelopmentlab.com](http://www.mydevelopmentlab.com)).

- **Test Item File (ISBN: 0205951139).** For the second edition, each question was accuracy checked to ensure that the correct answer was marked and the page reference was accurate. The test bank contains over 3,000 multiple-choice, true/false, and essay questions, each referenced to the relevant page in the textbook and given a rationale explaining the correct answer. An additional feature for the test bank is the identification of each question as factual, conceptual, or applied. This allows professors to customize their tests and to ensure a balance of question types. Each chapter of the test item file begins with the Total Assessment Guide: an easy to reference grid that makes creating tests easier by organizing the test questions by text section, question type, and whether it is factual, conceptual, or applied. Finally, each question is correlated to both an appropriate chapter learning objective and an APA learning outcome.

- **MyTest (ISBN: 0205951155).** The test item file comes with the Pearson MyTest, a powerful assessment generation program that helps instructors easily create and print quizzes and exams. Questions and tests can be authored online, allowing instructors ultimate flexibility and the ability to efficiently manage assessments anytime, anywhere. For more information, go to [www.PearsonMyTest.com](http://www.PearsonMyTest.com).

- **My Virtual Life.** Raise your child. Live your life. MyVirtualLife is two simulations in one. The first simulation allows students to raise a child from birth to age 18 and monitor the effects of their parenting decisions over time. In the second simulation students make first person decisions and see the impact of those decisions on their simulated future self over time. By incorporating physical, social, emotional, and cognitive development throughout the entire lifespan, MyVirtualLife helps students think critically as they apply their course work to their own virtual life. You can access MyVirtualLife within MyDevelopmentLab or as a standalone product. To package the student text with MyVirtualLife use ISBN 0205941540.

- **MyDevelopmentLab (ISBN: 0205952372).** Available at [www.mydevelopmentlab.com](http://www.mydevelopmentlab.com), MyDevelopmentLab is an online homework, tutorial, and assessment program that truly engages students in learning. It helps students better prepare
for class, quizzes, and exams—resulting in better performance in the course. It provides educators a dynamic set of tools for gauging individual and class performance:

- **Customizable** – MyDevelopmentLab is customizable. Instructors choose what students’ course looks like. Homework, applications, and more can easily be turned on and off.

- **Blackboard Single Sign-on** – MyDevelopmentLab can be used by itself or linked to any course management system. Blackboard single sign-on provides deep linking to all New MyDevelopmentLab resources.

- **Pearson eText and Chapter Audio** – Like the printed text, students can highlight relevant passages and add notes. The Pearson eText can be accessed through laptops, iPads, and tablets. Download the free Pearson eText app to use on tablets. Students can also listen to their text with the Audio eText.

- **Assignment Calendar & Gradebook** – A drag and drop assignment calendar makes assigning and completing work easy. The automatically graded assessment provides instant feedback and flows into the gradebook, which can be used in the MyDevelopmentLab or exported.

- **Personalized Study Plan** – Students’ personalized plans promote better critical thinking skills. The study plan organizes students’ study needs into sections, such as Remembering, Understanding, Applying, and Analyzing.

- **MyDevelopmentLab Margin Icons** – Margin icons guide students from their reading material to relevant videos and activities. To package MyDevelopmentLab with the student text, use ISBN 0205946461.

- **Class Preparation Tool**. Available for instructors within MyDevelopmentLab, this exciting instructor resource makes lecture preparation easier and less time consuming. MyClassPrep collects the very best class preparation resources—art and figures from our leading texts, videos, lecture activities, classroom activities, demonstrations, and much more—in one convenient online destination. You can search through MyClassPrep’s extensive database of tools by content topic or by content type. You can select resources appropriate for your lecture, many of which can be downloaded directly; or you can build your own folder of resources and present from within MyClassPrep.

**Video Resources for Instructors**

- **The MyDevelopmentLab Video Series** engages students and brings to life a wide range of topics spanning prenatal through the end of the lifespan. New international videos shot on location allow students to observe similarities and differences in human development across various cultures.


**Supplements for the Student**

- **MyDevelopmentLab**. With this exciting new tool students are able to self-assess using embedded diagnostic tests and instantly view results along with a customized study plan. The customized study plan will focus on the student’s strengths and weaknesses, based on the results of the diagnostic testing, and present a list of activities and resources for review and remediation, organized by chapter section. Some study resources intended for use with portable electronic devices are made available exclusively through the MyDevelopmentLab, such as key terms flashcards and video clips. Students will be able to quickly and easily analyze their own comprehension level of
the course material, and study more efficiently, leading to exceptional exam results! An access code is required and can be purchased at www.pearsonhighered.com or at www.mydevelopmentlab.com.

• CourseSmart eTextbook (ISBN: 0205951147). CourseSmart offers students an online subscription to Life Span Development: A Topical Approach, Second Edition, at up to 60 percent savings. With the CourseSmart eTextbook, students can search the text, make notes online, print their reading assignments that incorporate lecture notes, and bookmark important passages. Ask your Pearson sales representative for details or visit www.coursesmart.com.

Supplementary Texts

Contact your Pearson representative to package any of these supplementary texts with Life Span Development: A Topical Approach.

• Current Directions in Developmental Psychology (ISBN: 0205597505). Readings from the American Psychological Society. This exciting reader includes over 20 articles that have been carefully selected for the undergraduate audience, and taken from the very accessible Current Directions in Psychological Science journal. These timely, cutting-edge articles allow instructors to bring their students a real-world perspective about today’s most current and pressing issues in psychology. Discounted when packaged with this text for college adoptions.

• Twenty Studies That Revolutionized Child Psychology by Wallace E. Dixon Jr. (ISBN: 0130415723). The new edition of this brief text presents the seminal research studies that have shaped modern developmental psychology. It provides an overview of the environment that gave rise to each study, its experimental design, its findings, and its impact on current thinking in the discipline.


• The Psychology Major: Careers and Strategies for Success (ISBN: 0205684688). Written by Eric Landrum (Idaho State University), Stephen Davis (Emporia State University), and Terri Landrum (Idaho State University), this 160-page paperback provides valuable information on career options available to psychology majors, tips for improving academic performance, and a guide to the APA style of research reporting.

Acknowledgments

I am grateful to the following reviewers who provided a wealth of comments, constructive criticism, and encouragement:

Gloria Anderson—Troy University
Jackie Goldstein—Samford University
Stefanie Keen—University of South Carolina Upstate
Dawn Kriebel—Immaculata University
Lakshmi Raman—Oakland University
Diane Wille—Indiana University Southeast

In addition, I am grateful to the reviewers of previous editions:

Lola Aagaard, Morehead State University; Kristine Anthis, Southern Connecticut State University; Mitchell Baker, Moraine Valley Community College; Jonathan Bates, Hunter College; Manolya Bayar, University of Hartford; Janine Buckner,
Seton Hall University; Michael Caruso, University of Toledo; Elaine Cassel, Lord Fairfax Community College—Fauquier; Jean Choi, Humber College; Michelle Clark, James Madison University; Jeff Cookston, San Francisco State University; Brent Costleigh, Brookdale Community College; Lisa End-Berg, Kennesaw State University; Carolyn Fahlah, Central Connecticut State; Lisa Pozio-Thielk, Waubonsee Community College; Jackie Goldstein, Samford University; Troianne Grayson, Florida Community College at Jacksonville; James Guinee, University of Central Arkansas; Tomo Imamichi, Borough of Manhattan Community College; Marsha Ironsmith, East Carolina University; Alisha Janowsky, University of Central Florida; Laura Johnson, Davidson County Community College; Tara Johnson, Indiana University of Pennsylvania; Linda Jones, Blinn College; Stefanie Keen, University of South Carolina Upstate; Franz Klutschkowskii, North Central Texas College; Jonathan Lang, Borough of Manhattan Community College; Ann Lim-Brand, Brookdale Community College; Geri Lotze, Virginia Commonwealth University; Pei-Wen Ma, William Paterson University; Salvador Macias, University of South Carolina; Nicole Martin, Kennesaw State University; Ronni Naramore, Angelina College; Lisa Newell, Indiana University of Pennsylvania; Kathleen Rudasill, University of Louisville; Lynne Schmelter-Davis, Brookdale Community College; Sandy Sego, American International College; Jenessa Steele, Radford University; Barry Stennett, Athens Technical College & Gainesville State College; Timothy Trant, Louisiana State University; Larry Venuk, Northern Virginia Community College; Diane Wille, Indiana University Southeast; Christine Ziegler, Kennesaw State University.

Many others deserve a great deal of thanks. I am indebted to the numerous people who provided me with a superb education, first at Wesleyan University and later at the University of Wisconsin. Specifically, Karl Scheibe played a pivotal role in my undergraduate education, and the late Vernon Allen acted as mentor and guide through my graduate years. It was in graduate school that I learned about development, being exposed to such experts as Ross Parke, John Balling, Joel Levin, Herb Klausmeier, and many others. My education continued when I became a professor. I am especially grateful to my colleagues at the University of Massachusetts Amherst, who make the university such a wonderful place in which to teach and do research.

Several people played central roles in the development of this book. John Bickford and Christopher Poirier provided important research and editorial input, and I am thankful for their help. Most of all, John Graiff was essential in juggling and coordinating the multiple aspects of writing a book, and I am very grateful for the substantial role he played.

I am also grateful to the superb Pearson team that was instrumental in the inception and development of this book. Erin Mitchell, Executive Editor, has brought enthusiasm and thoughtful ideas to this edition. Editorial Project Manager Diane Szulecki went way beyond the call of duty to provide help in bringing this book to press. I am grateful for their support. On the production end of things, Denise Forlow, the production supervisor, and Annemarie Franklin, the production project manager, helped in bringing all the aspects of the text together. I am also perennially grateful to Jeff Marshall, whose many ideas permeate this book. Finally, I’d like to thank (in advance) marketing manager Nicole Kunzmann, on whose skills I’m counting.

I also wish to acknowledge the members of my family, who play such an essential role in my life. My brother, Michael, my sisters-in-law and brother-in-law, my nieces and nephews—all make up an important part of my life. In addition, I am always indebted to the older generation of my family, who led the way in a manner I can only hope to emulate. I will always be obligated to the late Harry Brochstein, Mary Vorwerk, and Ethel Radler. Most of all, the list is headed by my father, the late Saul Feldman, and my mother, Leah Brochstein.
In the end, it is my immediate family who deserve the greatest thanks. My terrific kids, Jonathan and wife, Leigh, Joshua and wife Julie, and Sarah not only are nice, smart, and good-looking, but my pride and joy. My wonderful grandsons, Alex and Miles, have brought immense happiness from the moment of their births. And ultimately my wife, Katherine Vorwerk, provides the love and grounding that makes everything worthwhile. I thank them, with all my love.

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